



Biographical Information for

Jeff Johnston

J **Jeff Johnston** struggled for years to reconcile his Christian faith with his same-sex attractions and sexual addiction. Raised in San Diego in a Christian home, he was actively involved in his local church before serving two years as a missionary in Melbourne, Australia. While working as a Youth Intern at a church in San Diego, Jeff attended a conference, “Hope and Healing for the Homosexual,” which launched his journey of healing and change.

Jeff works as an Analyst in the Gender Issues Department within the Government and Public Policy Division for Focus on the Family. He teaches and writes about a variety of subjects related to homosexuality and is a workshop speaker with Focus on the Family’s *Love Won Out* conference. Jeff has shared his story of hope and healing with churches, youth groups and schools, and he has been interviewed by a number of media outlets.

Before working at Focus on the Family, Jeff served as a Director on the boards of Exodus International and PFOX, ministries dedicated to providing resources and support for men and women who experience same-sex attraction, for their loved ones and for churches and ministries. In addition, he served as the Executive Director of Regeneration, an Exodus member ministry in Baltimore, and as the Director of Alternatives, a San Diego-based ministry dedicated to helping men and women overcome same-sex attractions.

Jeff graduated Phi Beta Kappa with a Bachelor’s in English and a Teaching Credential from San Diego State University. He lives in Colorado Springs, Colorado, with his wife and three sons.